

Healthy Kent Breastfeeding Coalition presents

# *Breakfast Break for Breastfeeding*

***“Breastfeeding from an African-American Perspective”***

**Thursday, May 26, 2016**

Presenters: Latoya Thomas, IBCLC & Christine Stangle, Breastfeeding Peer Counselor

8:30 a.m. to 9:00 a.m.— Registration & Light Breakfast

9:00 a.m. to 12:00 p.m.— Presentation

Kent County Health Department, 700 Fuller Avenue NE, Grand Rapids, MI

**Purpose:** To increase the understanding of health and human service providers about the historical experiences of African-American women and its impacts on breastfeeding initiation and duration rates.

**Objectives:** After attending this presentation, participants will be able to:

- ◆ Describe the African-American history of breastfeeding and how it has impacted breastfeeding rates.
- ◆ Identify strategies for providers in helping women of color breastfeed.
- ◆ Identify barriers to breastfeeding for women of color.
- ◆ List the local resources for breastfeeding support for women of color.

**Please register by Monday, May 23, 2016 at this link:**

**<http://healthykentbreakfastbreak.eventbrite.com>**

**Thanks to the generous support of Strong Beginnings, there is no fee for this event**

**Who Should Attend?** maternal-child nurses, WIC, MIHP, community health workers, clinics, community health and hospital nurses, physician office staff, lactation specialists, peer counselors, dietitians, social workers and other professionals working with breastfeeding families.

Kent County Health Department is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Requirements for participation are attendance at the entire session and completion of an evaluation form.

**Certificates for 2.75 nursing contact hours will be presented at the conclusion of the program.**

Planning Committee: Bonita Agee, BS, Barb Hawkins Palmer, MA, Kelli Damstra, Ph.D., RN, Joann Hoganson-MSN, RN, Abby Hess, RD

