

Healthy Kent Breastfeeding Coalition presents

Breakfast Break for Breastfeeding

“Getting to Know MI’s Breastfeeding Data: What is it telling us and what can we do about it?”

&

“How can Parents Feed their Babies (while keeping them safe and not losing their minds)? AKA: Breastfeeding and Safe Sleep”

Thursday, June 8, 2017

Presenter: Marji Cyrul, MPH, RD, CLS

MDHHS State Breastfeeding Coordinator

8:30 a.m. to 9:00 a.m.— Registration & Breakfast

9:00 a.m. to 11:30 a.m.— Presentations and Discussion

Kent County Health Department, 700 Fuller Avenue NE, Grand Rapids, MI

Objectives: After attending this presentation, participants will be able to:

- ◆ Identify the role and projects of the MDHHS State Breastfeeding Coordinator.
- ◆ Identify the sources of breastfeeding data in Michigan.
- ◆ Discuss breastfeeding initiation, duration and exclusivity rates in Michigan.
- ◆ Discuss breastfeeding disparities.
- ◆ Describe the physiologic impact of breastfeeding on SUID.
- ◆ Explain the statistical reduction in infant mortality with breastfeeding.
- ◆ Discuss Michigan’s SUID Case Registry and PRAMS data as it relates to breastfeeding and sleep practices.
- ◆ Understand statistical increases in sleep-related deaths with different co-sleeping, room-sharing and bed-sharing environments.
- ◆ Identify ways to feed infants and keep them safe.
- ◆ Identify other factors that increase risk of infant death.
- ◆ Identify at least 4 strategies for engaging clients in effective conversations around infant sleep and feeding.

Please register by Thursday, June 1, 2017 at this link:

<https://breakfastbreaksafesleep.eventbrite.com>

This presentation has been approved for 1.0 nursing contact hour.

Additional hours are being requested.

Thanks to the generous support of Strong Beginnings, there is no fee for this event

