

Breastfeeding Coalition

Mission Statement

The Healthy Kent 2010 Breastfeeding Coalition exists to improve the health and well being of infants and families through education, outreach and advocacy to promote and support breastfeeding and the use of human milk.

Minutes of Meeting: April 27, 2015

Attendees:

Kelli Damstra (GVSU), Abby Hess (KCHD WIC Dietitian), Lauren Valentine (Community), Bonita Agee (Strong Beginnings), Annie Jones (Metro Health Hospital), Valeria Guzman (Strong Beginnings), Jennifer Duron (First Steps Kent), Pat Tucker (KCHD), Barb Hawkins Palmer (KCHD)

Information and Sharing

- I. **Minutes of last meeting:** Motion: Lauren, Second: Annie. Approved
- II. **Introductions:** completed
- III. **WIC baby enrollment form: Abby Hess**
We reviewed this and discussed its value. We still agree that good information can be gleaned from it and we will continue to have hospitals fill it out. We did make several changes/updates to the form that will go back to KCHD for approval and the new form will be presented at the next meeting.
- IV. **Report on DADS COUNT Fatherhood Conference 4/18/15: Lauren Valentine**
Lauren said the conference went well, good attendance. Men were willing to approach the booth and talk one on one. She said they stood in front of the booth to “draw them in” which worked well. They are hoping to do this again at the next conference as well.
- V. **Report on WMALC Breastfeeding Conference 4/20: Annie Jones, Lois Ditmar, Kelli Damstra**
Interesting conference. Jim McKenna presented on “Breastsleep” which supported cosleeping between breastfeeding moms and babies. We had quite a long discussion about this at the meeting. This can be a controversial topic and does not agree with the current AAP recommendations of babies sleeping alone, in their own safe space. We were going to see if we could get someone who gathers statistics in Kent County regarding SIDS deaths to come speak to us about how stats are collected and how Jim’s research might agree/disagree with the stats.
The hand expression presentation was fabulous and the concept of hand expression and massage during pumping. This can increase milk supply wildly. Very important to teach moms hand expression, especially in the first few days after delivery!
- VI. **Committee Reports:**
 - a. **Advocacy/Media:** Annie Evans was absent.
 - b. **Education:** Bonita Agee is committee chair.
 - i. Oct. 1 Breakfast Break (1st Thurs)
 - ii. Possible billboards (“If I could I would”) in August – looking into it

- iii. Talking with Celebration Cinema about getting breastfeeding add to scroll before movie starts. Bonita will pose to Denise.
- iv. May 21 Red Nose Day
- v. Safe Sleep Forum Sept 15 8a-4p Livonia MI
- c. **Events:** Lauren Valentine is committee chair. Topics discussed were:
 - i. Parades: Lowell, Caledonia, Rockford, Grandville, Cascade – Will send out a Survey Monkey to see what people are able to volunteer for. Wear t-shirts and carry banner for HKBC and breastfeeding support.
 - ii. Pat will work on getting Zoo Day set up Aug. 1

VII.

Member Sharing.

Did not have time for this

VIII) Adjourned at 1:15pm

Next Meeting: May 18, 2015; 11:00-12:30, Kent County Health Dept, Lake Superior Conference Room

Minutes recorded by: Annie Jones, HKBC secretary