

Breastfeeding Coalition

Mission Statement

The Healthy Kent 2020 Breastfeeding Coalition exists to improve the health and well being of infants and families through education, outreach and advocacy to promote and support breastfeeding and the use of human milk.

Minutes of Meeting: November 23, 2015 11:30am-1:00pm

Kent County Health Department

Attendees:

Colby McNamara (CLC), **Lauren Valentine** (breastfeeding mom), **Barb Hawkins-Palmer** (Healthy Kent), **Miriell Smith** (La Leche League), **Annie Jones** (Metro Health), **Bonita Agee** (Strong Beginnings), **Kelli Damstra** (GVSU), **Christina Flier**, **Jenny Callaghan** (Spectrum Health), **Abby Hess** (KCHD WIC), **Asia Chidzikue** (KCHD WIC), **Lois Ditmar** (KCHD Comm. Wellness), **Jennifer Gudith** (KCHD WIC), **Becky Haderer** (KCHD WIC), **Pat Tucker** (KCHD WIC), **Becky Doucette** (KCHD WIC), **Jonelle Lund** (Mercy Health St. Mary's), **Sara Johnstin** (ELNC), **Erica Guthaus** (MomsBloom, CBD Pilot), **Laurie Vance** (Paisley Birth & Breastfeeding Services), **Kelly Emery** (Baby Beloved)

Agenda

- I. **Welcome & Introductions:** completed
- II. **Approval of October 2015 meeting minutes:**
- III. **Committee Reports:**
 - a. Events (Lauren) – Nothing to report
 - b. Education (Bonita)
 1. Breakfast Break for Breastfeeding – Thursday Dec 3. Registration at 8am, Breakfast until 8:30. See posted flyer.
 - c. Advocacy/Media (Kelli)
 1. New website coming thanks to GVSU nursing & marketing students
- IV. **MI Breastfeeding Newtwork Update – Kelli Damstra**
 - a. Recent conference at DeVos Place with HR personnel. Found that DeVos Place doesn't have a designated spot for breastfeeding. Perhaps HKBC could work with them to pioneer a Breastfeeding Friendly Business designation. They have these in Missouri and Kansas. It is an employee lead nomination according to certain set criteria. DeVos place and then other businesses could get recognition from MiBFN & HKBC and it would give great publicity for them and breastfeeding. Missouri's Breastfeeding Friendly Business designation is used for employers, businesses, and pediatrician offices. Oakland County, MI is also starting up this program.
- V. **MI Mother-Baby Summit: Katie McNabnay**
 - a. Not present
- VI. **2016 Leadership Positions**
 - a. Open: Chair Elect (includes Events Chair role)

VII. Member sharing

- a. Colby McNamara – mindfulness & yoga teacher; is very interested in a “therapy” that combines mindfulness with breastfeeding & postpartum care. The Mindfulness Center in Grand Rapids is willing to give a presentation to HKBC regarding this topic.

VIII. Dr. Brett Kingma, Pediatric Dentist: Frenectomies

- a. See attached PowerPoint slideshow that accompanied his presentation.

VII. Adjourned

Next Meeting: [Monday, January 25, 2016 from 11:30am-1:30pm](#) at the Kent County Health Department, Lake Rooms (basement level).

Minutes recorded by: Annie Jones, HKBC secretary