



# Breastfeeding Coalition

## Mission Statement

The Healthy Kent Breastfeeding Coalition exists to improve the health and well being of infants and families through education, outreach and advocacy to promote and support breastfeeding and the use of human milk.

## Minutes of Meeting: October 23, 2017

**Attendees:** **Pat Tucker** (Kent County Health Department), **Bonita Agee** (Strong Beginnings), **Jenny Callaghan** (Spectrum Health Healthier Communities), **Katie McNaby** (Spectrum Health), **Barb Hawkins Palmer** (Healthy Kent)

**Current Chair:** Barb Hawkins Palmer

## Agenda Items

I. **Introductions:** completed

II. **Purpose & Initiatives for 2018 through 2019**

- To help in identifying purpose and initiatives for 2018-2019, a survey for membership was discussed. The survey would:
  - List what we have been involved in the past
  - Ask what the priorities of the HK Breastfeeding Coalition are.
- Katie reported that Baby Friendly Hospitals are releasing their 2017 report later this year.
- Barb will ask her intern Courtney to research the goals/objectives of Healthy People, CDC, MI Breastfeeding Network, MDHHS and other Breastfeeding Coalitions in the country to find common themes that could be incorporated into our plan
- Some good Breastfeeding Coalitions can be found in Massachusetts, Florida, Colorado and Texas.

III. **Officers for 2018**

- Chair-Elect - Jamie Platt was nominated. Her nomination was accepted and she will be notified of her being selected. Congratulations Jamie!
- Secretary – Annie Jones has agreed to serve again. Thank you Annie!
- Chair – Barb Hawkins Palmer
- Treasurer – Barb Hawkins Palmer

There are other positions open and were discussed:

- Education – Bonita accepted
  - Two Breakfast Breaks per year
    - Topic Ideas
      - Mothership



- Training coming up on November 4  
More info:  
<https://www.facebook.com/events/271856016661424/>
- Pat will contact Martell Esposito to come to a coalition meeting to talk about Mothership
  - Mindfulness
  - PMD and BF
  - Birth control and Breastfeeding
- Gold Cards “The Risks of NOT Breastfeeding” was discussed. The risks will be removed and the card will direct people to the website for Breastfeeding Information.
- Media/Advocacy – Asia?
  - The website is good, but it could be better. More planning for the website needs to occur.
- Events – Becky?
- Sustainability – Pat Tucker is considering this position.
  - This will include membership recruitment and fundraising. Much of this effort will evolve around the goals and objectives the Coalition selects for 2018 through 2019.

**IV. Updates**

- ArtPrize
  - Hard to know how many people used the Breastfeeding Station at Fountain Street Church
  - We’d like to expand the locations during this event. Good project for the Events Committee
- Moms Helping Moms Breastfeed (MHMB)
  - It was suggested that the Coalition contact WMALC to request funds to help bridge the MHMB project.

**V. Partner Sharing**

- Wednesday, October 25<sup>th</sup> is a Strong Beginnings Community Event “HOLLA: Helping our Ladies Leave Abuse”. Registration closes today.

**Follow Up Steps:**

<b><i>Action</i></b>	<b><i>Responsible</i></b>	<b><i>Deadline</i></b>	<b><i>Follow-Up</i></b>
Research state and national breastfeeding goals for the HK Breastfeeding Coalition	Courtney Myers-Keaton and Barb Hawkins Palmer	November 27, 2017	
Craft a Survey Monkey survey for the Coalition’s membership	Barb Hawkins Palmer	November 27, 2017	
Contact WMALC for funding to support the MHMB	Barb Hawkins Palmer	November 27, 2017	



Contact Marcelle Esposito to present about Mothership at the next Coalition meeting	Pat Tucker	November 13, 2017	
Contact Asia and Becky for interest in Media and Events respectively	Pat Tucker	November 13, 2017	
Revise the Gold BF card	Barb Hawkins Palmer	November 27, 2017	

**Next Meeting:**

Monday, November 27, 2017, 11:30 a.m.-1:00 p.m.

Kent County Health Department, Lower Level, Lake Superior Conference Room.

**Agenda Items for next meeting**

- Draft of membership survey on goals and objectives for 2018

Minutes recorded by: Barb Hawkins Palmer