



Breastfeeding Coalition

Mission Statement

The Healthy Kent Breastfeeding Coalition exists to improve the health and well being of infants and families through education, outreach and advocacy to promote and support breastfeeding and the use of human milk.

Minutes of Meeting: January 22, 2018

Attendees: Pat Tucker (Kent County Health Department), Bonita Agee (Strong Beginnings), Jenny Callaghan (Spectrum Health Healthier Communities), Katie McNaby (Spectrum Health), Barb Hawkins Palmer (Healthy Kent), Tiffany Townsend (Café con Leche), Jamie Platt (Gold Coast Douglas/Healthy Kent), Kaila Milbury (KCHD WIC BFPC), Martelle Esposito (Mothership), Abby Bishop (KCHD WIC), Annie Jones (Metro Health), Jennifer Coria (Cherry Health)

Current Chair: Barb Hawkins Palmer

Agenda Items

I. Introductions

II. Member Survey

- a. We are looking to send out a survey to everyone who is signed up to receive HKBC emails. The survey will ask about interest in HKBC, involvement intentions, barriers to meeting attendance, and more. Barb Hawkins-Palmer is updating the old version of the survey and then it will be sent out.

III. Officers for 2018 - update

- Chair-Elect - Jamie Platt
- Secretary – Annie Jones
- Chair – Barb Hawkins-Palmer
- Treasurer – Barb Hawkins-Palmer
- Education – Bonita Agee
- Media/Advocacy – Tiffany Townsend is considering this position
- Events – OPEN
- Sustainability – Pat Tucker is considering this position.

IV. Updates

a. **Breakfast Break for Breastfeeding**

- i. March 1, 8:30-11:30am
- ii. Topics

1. What's trending right now? 2018 Breastfeeding hot topics



- a. MHMB Project (Mothers Helping Mothers Breastfeed): Breastfeeding support for women of color – focus on peer to peer work
 - b. PMD (Perinatal Mood Disorder) & Breastfeeding
 - c. Fatherhood
 - i. Perhaps inviting Crunchy Dadmom to present (baby wearing?)
 - d. Mothership
 - i. Possibility of doing 1 hour training module on storytelling and the power of connecting through relatable life stories (woven with breastfeeding)
 - e. The rise of women of color in the lactation space.
- b. Moms Helping Moms Breastfeed Project**
- i. Continuing to look for further financial/resources support
 - 1. Possibility of grants being investigated
 - a. Michigan Breastfeeding Network
 - b. Applying for grants from local hospitals – Metro Health & Spectrum mentioned

V. Next meeting topics (February 26)

- a. Non-profit status discussion
- b. Breakfast Break for Breastfeeding – final plan
- c. Member survey results

Follow Up Steps:

<i>Action</i>	<i>Responsible</i>	<i>Deadline</i>	<i>Follow-Up</i>
Update member survey	Barb Hawkins Palmer	January 26, 2018	
Once updated member survey received from Barb, Send link for survey to all those signed up to receive HKBC emails	Annie Jones	January 29, 2018	
Breakfast Break for Breastfeeding final plan	Bonita Agee & Barb Hawkins Palmer	February 26, 2018	

Next Meeting:

Monday, February 26, 2018 11:30 a.m.-1:00 p.m.
Kent County Health Department, Lower Level, Lake Superior Conference Room.

Minutes recorded by: Annie Jones