



Breastfeeding Coalition

Mission Statement

The Healthy Kent Breastfeeding Coalition exists to improve the health and well-being of infants and families through education, outreach and advocacy to promote and support breastfeeding and the use of human milk.

Minutes of Meeting: March 26, 2018

Attendees: Pat Tucker – Sustainability Chair (KCHD WIC), Jamie Platt – Chair Elect (Gold Coast Doulas), Annie Jones - Secretary (Metro Health), Jenny Callaghan (Spectrum Health), Abby Bishop (KCHD WIC), Sara Johnstin (ELNC), Carly Bruns (Metro Health Family Medicine), Kelli Damstra (GVSU), Barb Hawkins Palmer – Chair & Treasurer (Healthy Kent/KCHD), Tiffany Townsend – Media Chair, Rachel Siebert (ELNC), Bonita Agee – Education Chair (Strong Beginnings)

Current Chair: Barb Hawkins Palmer

Agenda Items

- I. **Introductions**
- II. **Minutes review** Minutes from February 26, 2018. Motion to approve: Pat Tucker; Second: Jenny Callaghan
- III. **Updates**
 1. **Breakfast Break for Breastfeeding**
 - June 7 8:15-11:30am
 - Partnering with Healthy Kent Perinatal Mood Disorder Coalition
 - Plan of events:
 - Presentations from the following:
 - Dr. Madhavi Nagalla from Pine Rest
 - Dr. Robyn Hubbard from Spectrum Health
 - Stacey Figg - Doula/mom who experienced PMD
 - Kelly Wysocki Emery, IBCLC
 - Kerrie VanWeelden - Pine Rest Mother-Baby Program social worker
 - Panel discussion
 2. **CLC Training offerings**
 - 3 CLC training events in Michigan coming up in 2018:
 - April 23-27 Battle Creek
 - August 13-17 East Lansing
 - October 1-5 Grand Rapids (Wyoming)



3. MI Breastfeeding Network Quarterly Regional Meeting

- Discussed at the meeting:
 - Breastfeeding toolkits: Child Custody, Workplace, Jury Duty, Breastfeed: Anytime, Anywhere, Incarceration
 - Great Lakes NetWORK Webinar Series – free monthly webinars with CERPs
 - Health in All Policies (health equity & social justice)

4. Member Survey Results

- Results are in! **See results report at the end of the minutes.**

IV. Partner sharing

- a. Coalition to consider putting together toolkits to help local issues/topics that come up (similar to MIBFN toolkits)
 - i. This was spurred by a conversation at Metro Health Hospital regarding education for area plastic surgeons regarding breast surgeries and most effective methods to reduce potential effects on breastfeeding post surgery.
- b. ELNC Head Start – Sara Johnstin
- c. Moms Helping Moms Breastfeed – No funding was granted from Michigan Health Endowment Fund (from BCBS) so looking for other funding sources. Hoping for a funder to commit to at least 3 years.

Follow Up Steps:

<i>Action</i>	<i>Responsible</i>	<i>Deadline</i>	<i>Follow-Up</i>
Barb Hawkins Palmer	Organize conference call Breakfast Break planning meeting		Planning meeting will be Monday, April 30, 10- 11:30am

Next Meeting:

Monday, April 23, 2018 11:30 a.m.-1:00 p.m.
 Kent County Health Department, Lower Level, Lake Superior Conference Room.

Minutes recorded by: Annie Jones

Healthy Kent Breastfeeding Coalition 2018 Member Survey

• Monday, March 26, 2018

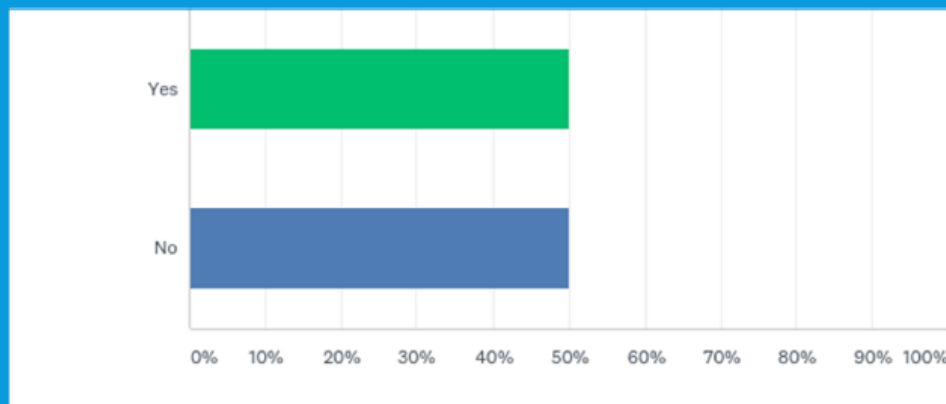


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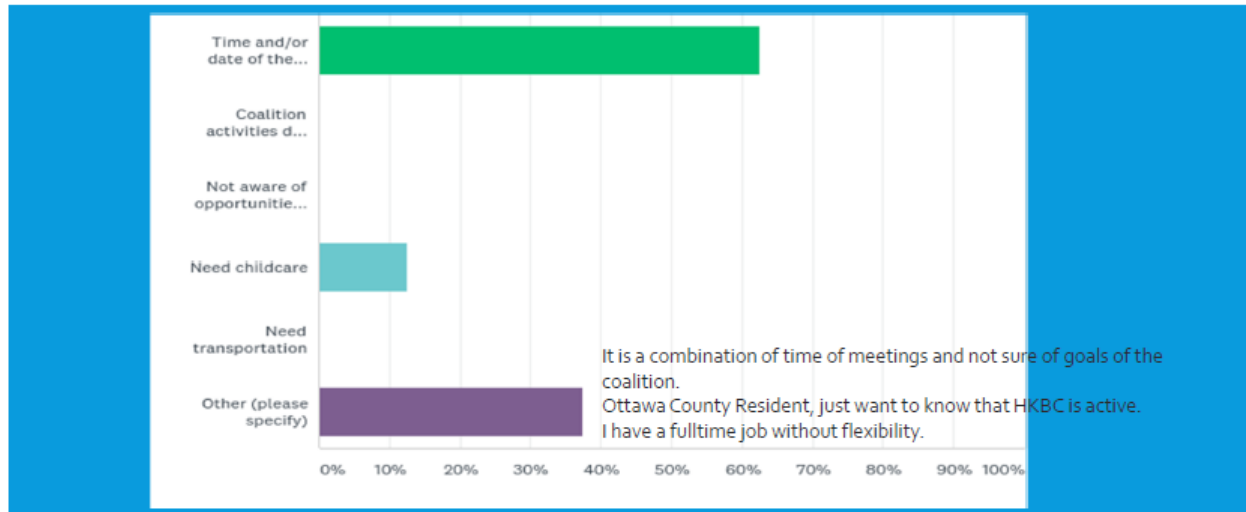
SURVEY RESPONSES

- 16 Responses
- 14 Completed Surveys
- February 02, 2018 – March 25, 2018

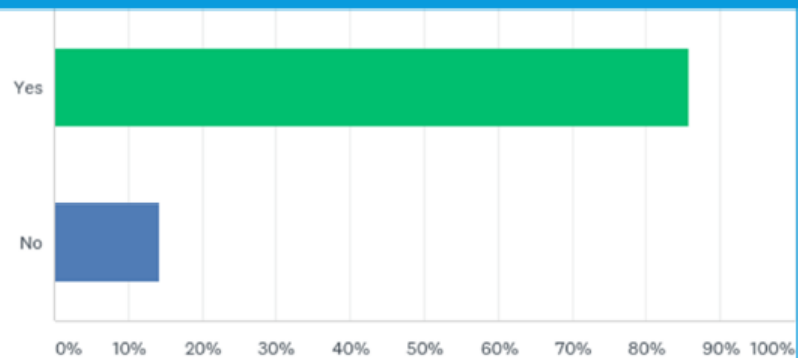
Q2: DO YOU ACTIVELY PARTICIPATE IN THE HEALTHY KENT BREASTFEEDING COALITION, I.E. ATTEND MEETINGS, LEAD COMMITTEES, SHARE INFORMATION?



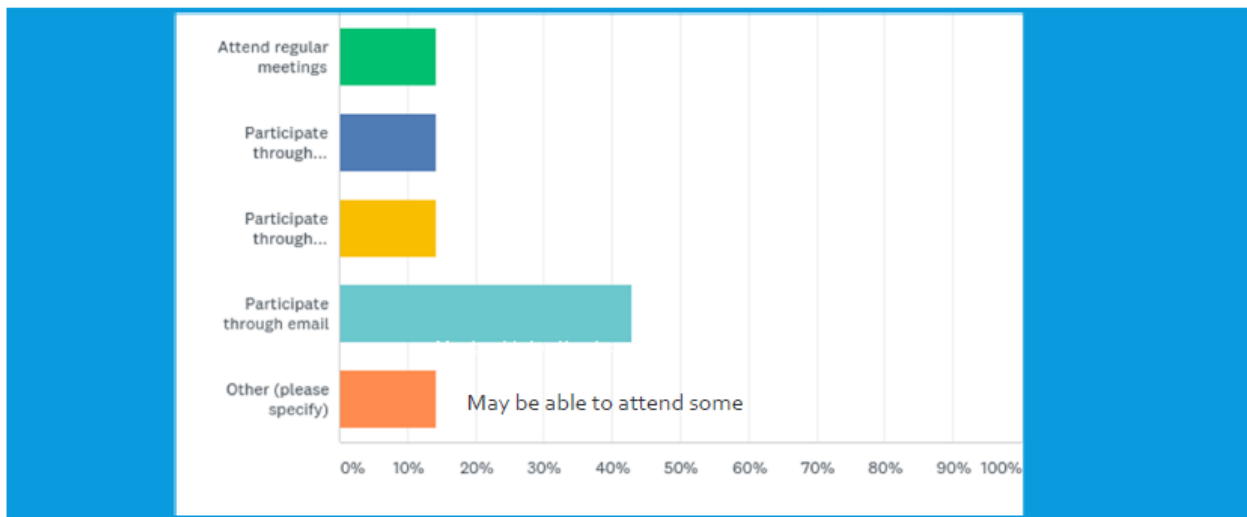
Q3: IF YOU HAVE NOT ACTIVELY PARTICIPATED WITH THE HEALTHY KENT BREASTFEEDING COALITION, WHAT ARE THE BARRIERS? CHECK ALL THAT APPLY.



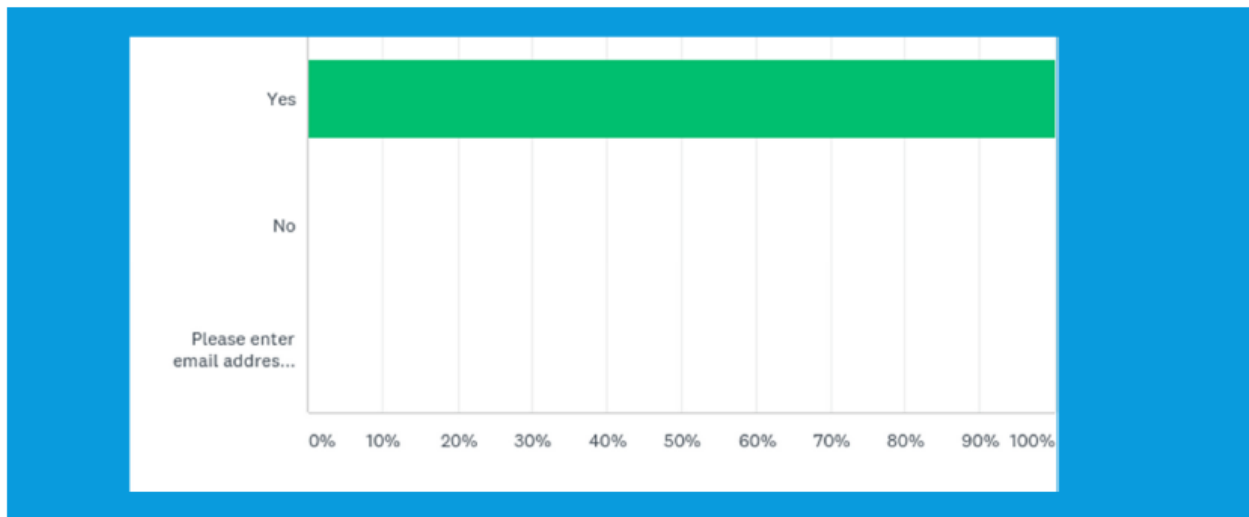
Q4: WOULD YOU LIKE TO BE MORE INVOLVED IN THE HEALTHY KENT BREASTFEEDING COALITION?



Q5: WOULD YOU BE MORE LIKELY TO:

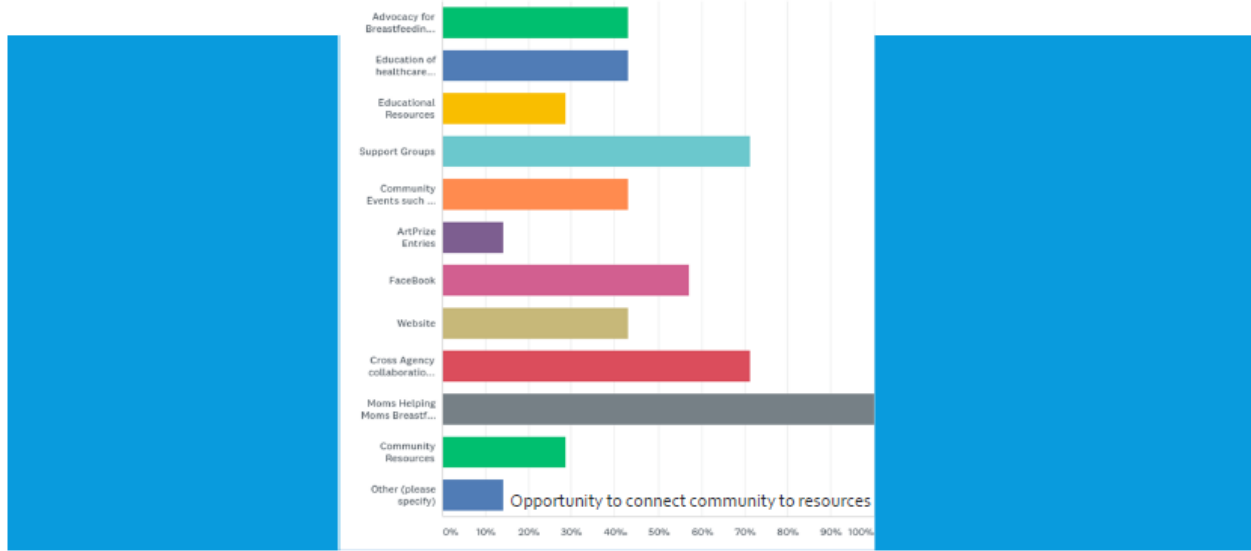


Q6: WOULD YOU LIKE TO REMAIN ON THE COALITION'S EMAIL LIST?

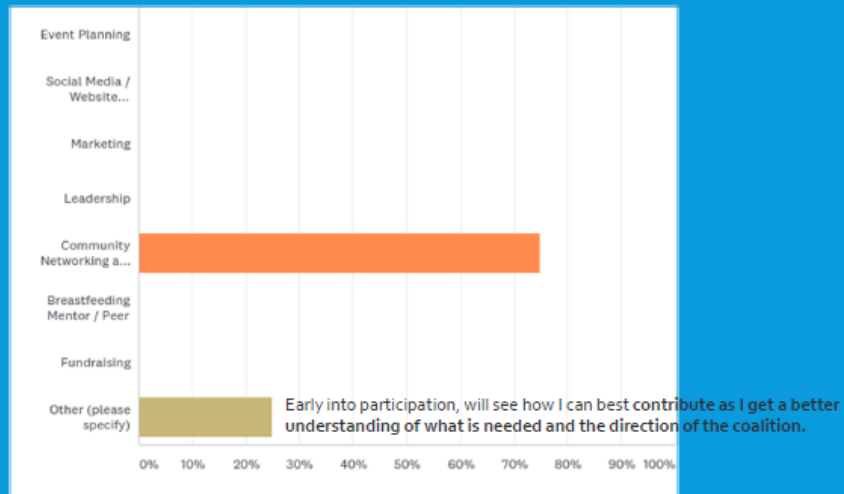




Q7: WHAT EFFORTS OF THE HEALTHY KENT BREASTFEEDING COALITION DO YOU THINK WERE MOST VALUABLE? CHECK ALL THAT APPLY.



Q8: WHICH OF THE FOLLOWING SKILLS WOULD YOU LIKE TO CONTRIBUTE TO THE HEALTHY KENT BREASTFEEDING COALITION? CHECK ALL THAT APPLY.

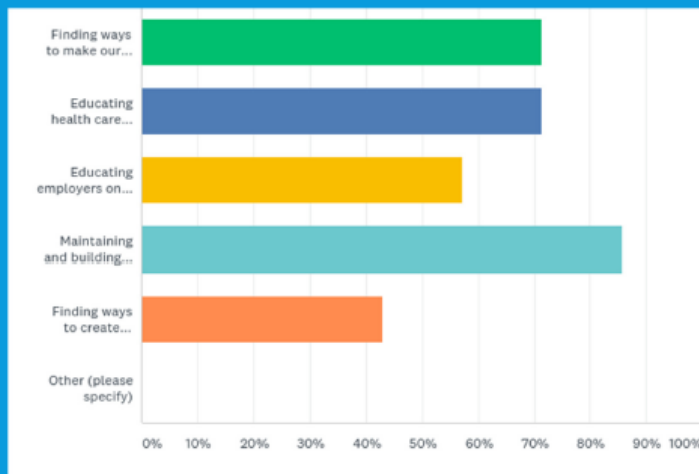




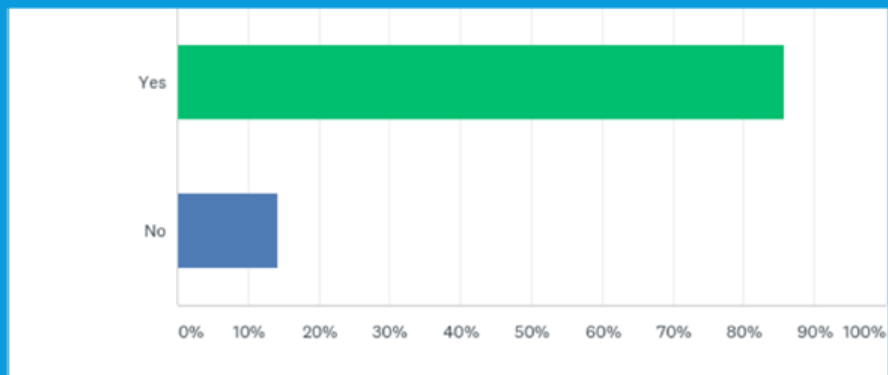
Q9: IF MONEY WERE NOT A CONCERN, PICK ONE STRATEGY THAT YOU WOULD LIKE TO SEE THE HKBC DO TO IMPROVE BREASTFEEDING INITIATION AND DURATION RATES IN KENT COUNTY

- Work with increasing BF rates in people of color. Educating the medical community- doctors/pediatricians, nurses- I have heard stories and some do not have a clue and offer outdated information.
- more education to providers and more support groups available
- provide every mom who wants one a doula or BF mentor or a free pp support visit
- Locally, access to IBCLC resources State-wide, advocacy for paid leave/maternity leave resources particularly for those who are not FMLA eligible
- Home visits for breastfeeding help - Free breastfeeding education for providers by bringing education to their offices/hospitals/work sites - Free breastfeeding education for pregnant patients by bringing the education to them via online education, or hosting free seminars at OB offices, clinics, etc.

Q10: WHAT WOULD INTEREST YOU MOST IN PARTICIPATING ON THE HEALTHY KENT BREASTFEEDING COALITION? CHECK ALL THAT APPLY.



Q11: HAVE YOU VISITED THE HEALTHY KENT BREASTFEEDING WEBSITE?

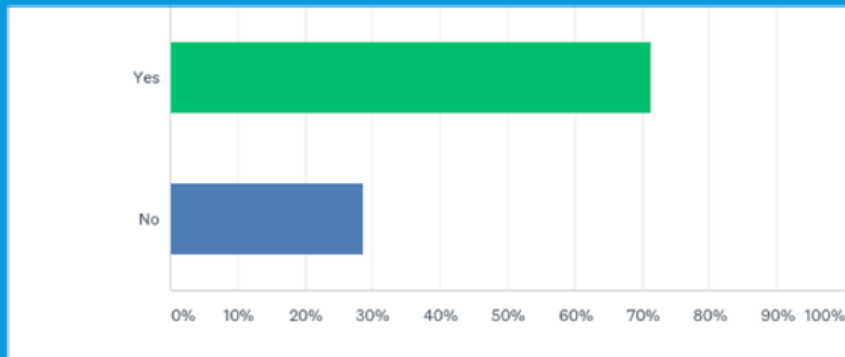




IF YES, WHAT CONTENT WOULD YOU LIKE TO SEE POSTED:

- I like viewing the meeting minutes and agendas. Also, the breastfeeding resources available to the community.
- Goals, purpose of coalition; leadership names; local, regional and statewide events, programs, projects that Healthy Kent Breastfeeding Coalition is involved with.
- Looks good, for the first time I visited. Professionally produced, good ratio of pictures and space to words.
- More current pictures. The calendar full of events. More updated and thought out links. Make sure local support is local – not national websites. More local providers – chiropractors, ENT, who support BF.
- Resources for breastfeeding moms (where they can get help after DC from hospital). Like the lists of dates/times of support groups to refer moms to. Need to make sure list is up to date/accurate.
- Additional resources.

Q13: HAVE YOU "LIKED" THE HEALTHY KENT COALITION FACEBOOK PAGE?





Q14: IF YES, WHAT ARE SOME SUGGESTIONS FOR IMPROVEMENT?

- None
- Regular postings of current positive news about breastfeeding.
- More frequent postings, maybe q&a/suggestion opportunities for moms.
- More frequent postings, especially of local interest.
- None.